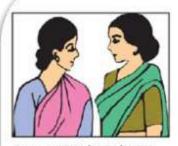


# **BIRTH PREPAREDNESS**

#### Introduction:

- Birth preparedness is a method of planning in advance by the pregnant woman and her family for safe and comfortable delivery.
- ❖ This birth preparedness plan must be made during Antenatal Care (ANC) visits.
- ❖ The birth plan includes contact information, knowledge of danger signs, transport arrangement, Maternal and Child Health card, financial arrangements, potential last minute access to the referral facility etc.

#### Ensure Institutional Delivery



Contact ASHA/ANM/AWW



Register under JSY & other schemes as applicable in the area



Obtain Benefits under JSY



dentify Hospital in Advance



Arrange for Transport in Advance



Ensure 48 hours of stay after delivery

#### **Family Ensures**

- To contact ASHA/ANM/AWW after confirmation of pregnancy.
- The phone no. and contact details of the ANM/ASHA/AWW are readily available.
- Adequate money is saved in advance for meeting the cost of emergency.
- ❖ A nearest FRU/hospital is identified in advance.
- Fast means of transport is arranged in advance to take the woman to the hospital.
- The newborn should be wrapped in a clean (washed with soap and water and sundried) set of soft cotton clothes.
- ❖ In case of home delivery, ensure the place where the delivery is to be carried out and its surrounding areas are clean.
- The delivery is conducted by a skilled birth attendant/ ANM.



### Preparation in Case of Home delivery



## Role of AWW

- ❖ You should help pregnant women in getting registered before 12 weeks of pregnancy and in getting the next three ante-natal check-ups
- ❖ The danger signs should be explained to all pregnant women and their families during the antenatal check-ups as well as during the group meetings.
- Ensure all requisite examinations/investigations are done for all pregnant women.
- ❖ Identify the location of the hospitals, health centres, and institutions near your village which provide delivery services round the clock.
- ❖ Help eligible pregnant women to get benefits under Janani Suraksha Yojana.
- ❖ Counsel/advise the pregnant women and their families for institutional delivery.
- Escort/accompany the pregnant woman to the hospital for institutional delivery.
- In case of home delivery, ensure that five cleans are practiced during delivery.