

VILLAGE HEALTH & NUTRITION DAY (VHND)

Introduction:

- ❖ VHND is a common platform for allowing the people to access the services of Health and ICDS.
- ❖ It is organized once every month on fixed day, fixed time and fixed place.
- ❖ Its aim is to provide essential and comprehensive health & nutrition services to pregnant women, lactating mothers, children (0-5 yrs) and adolescent girls.
- ❖ The platform ensures early registration, identification and referral of high risk children and pregnant women.
- ❖ It provides an effective platform for interaction of service providers and the community



What should you do for a successful VHND

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- ❖ Make a list of the following and ensure their presence during the VHND meeting:
 - Pregnant women for their antenatal or postnatal care
 - Women who need to come for ANC for first time or for repeat visit.
 - Infants who need their next dose of immunization.
 - Malnourished children
 - TB patients who are on anti-TB drugs
 - Those with fever who have not been able to see a doctor
 - Eligible couples who need contraceptive services or counseling
 - Any other who wants to meet ANM
- ❖ Specifically identify families who are new migrants, living in hamlets or are vulnerable & marginalised & ensure their attendance
- ❖ Coordinate with ANM and the ASHA in advance



Topics of Nutrition & Health Education Session

- Care of pregnant women-danger signs, institutional delivery, post natal care
- Essential new-born care
- Care of adolescent girls
- Health & Nutritional Monitoring of children
- Growth monitoring and management of severely underweight children
- Child's health & nutrition
- Prevention & treatment of diarrhea
- Safe delivery
- New born care
- Infant and young child feeding practices
- Prevention and management of childhood illnesses
- Importance of immunization
- Family planning
- Access to women and child development Govt. services
- Personal Hygiene & Sanitation
- Beti Bachao Beti Padhao Scheme/Gender discrimination
- Mother & Child Protection Card etc.



Roles & Responsibilities of AWW

- ❖ Ensure that AWC is clean.
- ❖ Ensure availability of clean drinking water during VHND.
- ❖ Ensure a place with privacy at the AWC for ante natal check-ups.
- ❖ Keep adequate number of Mother and Child Protection Cards.
- ❖ Coordinate activities with ASHA and the ANM.
- ❖ Conduct growth monitoring of children (0-6 years).
- ❖ Distribute supplementary nutrition to all children.
- ❖ Conduct nutrition and health education using local aids and seasonal calendar.
- ❖ Refer severely underweight children with clinical signs to PHC/CHC/NRC.